

gripping surface having means for removing said external skin layer or shell from said body.

2. The sample collection device of claim 1, wherein the external skin layer or shell is a decal having a pressure sensitive adhesive that can be removed without leaving a residue.

3. The sample collection device of claim 1, wherein the external skin layer or shell comprises a first part and a second part.

4. The sample collection device of claim 3, wherein the first part and the second part are joined by a tear strip.

5. The sample collection device of claim 1, wherein the external skin layer or shell is a foam sheath shaped with a receptacle covering the first portion of the external surface of the body.

6. The sample collection device of claim 1, wherein the external skin layer or shell is a foam block encasing the first portion of the external surface of the body.

7. The sample collection device of claim 6, wherein the foam block is divided into a first member and a second member, wherein the first gripping surface is defined on the first member.

8. The sample collection device of claim 1, wherein said second gripping surface comprises a cap adapted to hold the body with a clean hand while removing and discarding the external skin layer or shell.

9. The sample collection device of claim 1, further comprising a swab, wherein the swab comprises a handle with frangible neck and an absorbent tip for collecting the sample.

10. The sample collection device of claim 1, wherein the swab is a tampon.

11. The sample collection device of claim 1, wherein the body comprises internal workings for processing the sample prior to performing an analysis on the sample.

12. The sample collection device of claim 1, wherein the body comprises internal workings for analyzing the sample.

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